



HEART MATTERS

"Empowering Hearts, Changing Lives"

17 - 18 February 2024 | Shangri-La
Dubai, UAE



Free to Attend Sessions



Free Physical Fitness Sessions



Free Healthy Diet Plan



Free Consultation with Specialists



Free Health Checkups



Free Basic Life Support (BLS) Session

FREE SESSIONS ON HEART HEALTH

PROGRAM AGENDA

Time	Topic	Speaker
17 FEBRUARY 2024 10:00 AM - 12:30 PM		
10:00 - 10:15	Welcome Address	Dr. Omar Hallak, UAE Dr. Tamkeen Kinah, UAE
10:15 - 10:30	Basics of heart health (Russian/English)	Tamkeen A. Kinah (UAE)
10:30 - 10:45	Management of dyslipidaemia	Omar K. Hallak, UAE
10:45 - 11:00	Heart disease in women	Layla Al Marzooqi , UAE
11:00 - 11:15	Hypertension	Ali Mosawi, UAE
11:15 - 11:30	Smoking cessation	Sameer Naik , UAE
11:30 - 11:45	Breakthrough treatment for Parkinson	Jack Jacobs, USA Dan Montano, USA
11:45 - 12:00	Principles and Merits of a Healthier 2024	Annie Varughese, USA
12:00 - 12:15	what is the stroke and the mini stroke	Hisham Hakeem, UAE
12.15 - 12.30	Sleep apnea & cardiovascular disease	Syed Arshad Husain, UAE
18 FEBRUARY 2024 10:00 AM - 12:30 PM		
10:00 - 10:15	Prevention of heart disease	Bana Alajati, UAE
10:15 - 10:30	Warning sing of Heart Attach, what to do	Osama Hallak, USA
10:30 - 10:45	Stem Cell Treatment	Casey Ilsun Kim, Japan
10:45 - 11:00	Heart healthy diet	Max Sawaf, UAE
11:00 - 11:15	Dental Care for heart disease prevention	Maen Khatib, UAE
11:15 - 11:30	Reverse aging	Hisham Hakim, UAE
11:30 - 11:45	Breakthrough treatment for Parkinson	Jack Jacobs, USA Dan Montano, USA
11:45- 12:00	Gastrointestinal cause of chest pain	Yaser El-Gazzar, USA
12:00 - 12.15	Heart healthy living	Jehan Abdulqader, UAE
12:15 - 12.30	Reverse CardioDiabetes	Annie Varughese, USA